

Prayer Before Sleep

*Dear God, as I lay me down to sleep,
relax the tension of my body;
calm the restlessness of my mind;
still the thoughts which worry and
perplex me.*

*Help me to rest myself and all my
problems in your strong and loving
arms.*

*Let your Spirit speak to my mind and
heart while I am
asleep, so that, when I wake up in the
morning,*

*I may find that I have received in the
night-time,*

light for my way;

strength for my tasks;

peace for my worries;

forgiveness for my sins.

*Grant me sleep tonight, and tomorrow
power to live.*

- Author Unknown



Glorious Mysteries

(Wednesday & Sunday)

The Resurrection

The Ascension

The Coming of the Holy Spirit

The Assumption of Our Lady

The Coronation of Our Lady

Joyful Mysteries

(Monday & Saturday)

The Annunciation

The Visitation

The Birth of Our Lord

The Presentation

The Finding in the Temple

Sorrowful Mysteries

(Tuesday & Friday)

The Agony in the Garden

The Scourging

The Crowning With Thorns

The Carrying of the Cross

The Crucifixion

Luminous Mysteries

(Thursday)

Baptism of Jesus Christ

Christ Reveals Himself at Cana

Proclamation of the Kingdom

The Transfiguration

Institution of the Eucharist

The Rosary Guide



Hail Holy Queen

Hail Holy Queen, Mother of mercy, our life our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us and after this our exile show unto us the blessed fruit of thy womb, Jesus.

O clement, o loving, o sweet virgin Mary! Pray for us that we may be made worthy of the promises of Christ

Let Us Pray (The Rosary Prayer)

Let us pray.

O God, whose only begotten son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech thee, that while meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary,

that we may imitate what they contain and obtain what they promised, through

Christ Our Lord. Amen

Most Sacred Heart of Jesus, have mercy on us. Immaculate Heart of Mary,

Pray for us.

The Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

The Hail Mary

Hail Mary, full of grace, the Lord is with you; and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Hail Holy Queen

Let Us Pray (The Rosary Prayer)

Let us pray.

O God, whose only begotten son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech thee, that while meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary,

that we may imitate what they contain and obtain what they promised, through

Christ Our Lord. Amen

Most Sacred Heart of Jesus, have mercy on us. Immaculate Heart of Mary,

Pray for us.

The Glory Be (The Doxology)

Glory be to the Father, the Son, and the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus (Fatima Prayer)

O my Jesus, forgive us our sins. Save us from the fires of hell. Take all souls into heaven especially, those most in need of thy mercy. Amen

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

